







The FPC Foundation

Progress Report 2020-2023



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Introduction

This report provides an overview of the achievements of the FPC Foundation fund for the grants that were awarded from 2020 to 2023.

The aims of the FPC Foundation fund are:

To support projects that are helping people in the most need to manage and improve their finances e.g. money management including benefits maximisation and debt advice. Projects that incorporate an element of mental health and wellbeing support are also welcome.

- Money management
- Debt advice
- Welfare and benefits advice and maximisation
- Projects that offer financial advice and guidance for people who have become unemployed
- Projects that incorporate mental health and wellbeing support are also welcome

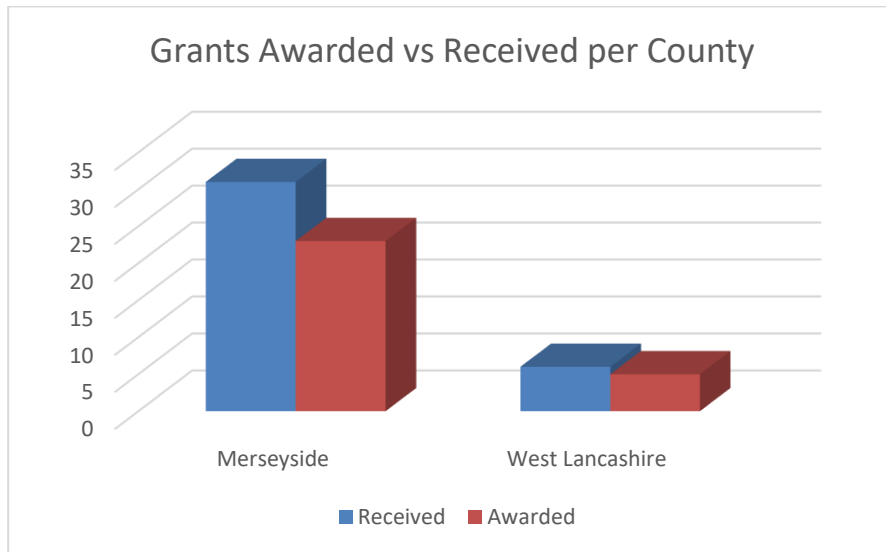
Overview of Grant-Making

After an initial sift against the fund criteria the FPC Foundation grant applications go through due diligence checking by the Community Foundation to ensure all relevant governance procedures, policies and insurances are in place and to provide information on the applicant's monitoring track record with the Community Foundation. Applications are then forwarded to the donor or their representatives for consideration in line with the criteria of the fund. Recommendations on funding are then made at a Panel Meeting.

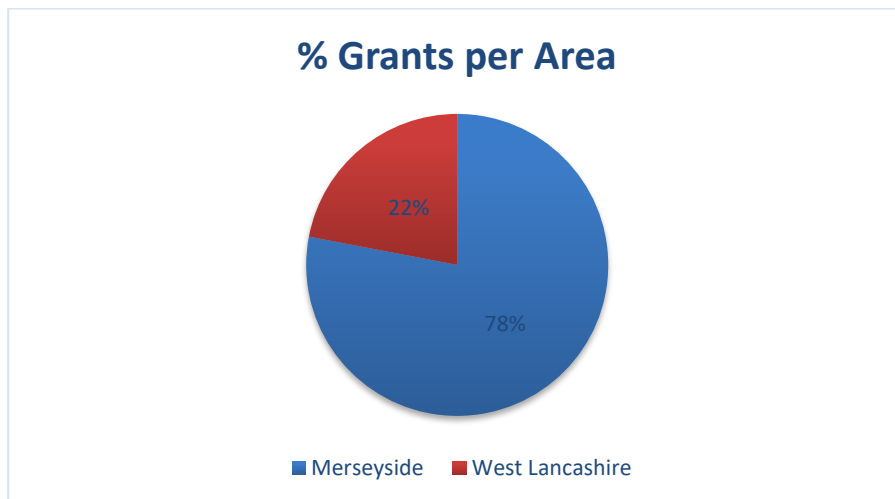
Grants Awarded

Over the past three years, the Community Foundation has received 37 applications that were considered by the fund panel, with a total value of funding requested of £68,929. In total, since 2020, the fund has awarded £54,239.50 in grants and donations to 28 community groups and voluntary organisations.

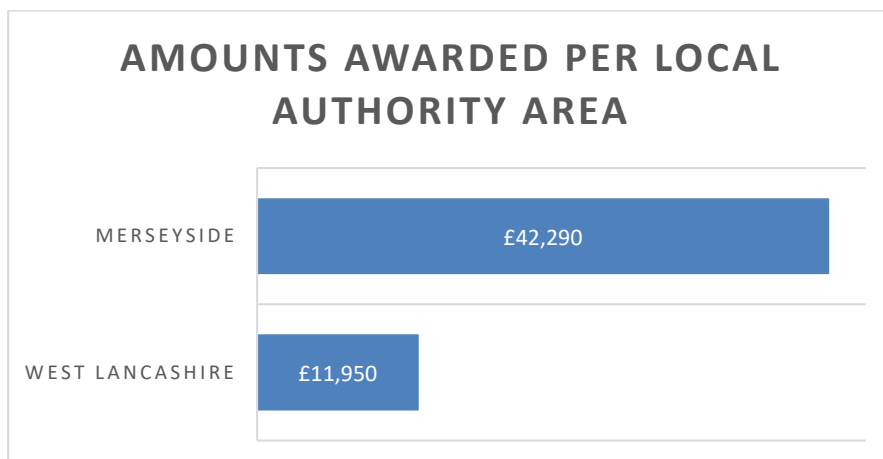
Grants Received and Awarded in Each Area:



Percentage of Grants per Area:



Amounts Awarded per Local Authority:



Grants Awarded in Merseyside:

| Organisation Name | | Amount Awarded | Project |
|---|------------|----------------|---|
| One Knowsley | 20/11/2020 | £1,430.00 | Provide Christmas food hampers to vulnerable community members that are struggling. |
| Paper Cup Project | 20/11/2020 | £1,430.00 | Provide Christmas wellbeing packs for vulnerable people that are homeless. |
| Woodvale and Ainsdale Community Association | 13/05/2020 | £1,600.00 | Activity packs for older people to be distributed during COVID 19 lockdown |
| Litherland Youth and Community Centre | 18/11/2020 | £1,430.00 | To offer support to local families over Christmas and beyond. |
| Netherton Park Community Association | 18/11/2020 | £1,430.00 | To support low-income households with energy costs and essentials. |
| Homestart Southport & Formby | 20/11/2020 | £1,430.00 | Provide supermarket gift cards to vulnerable people in the community. |
| Parenting 2000 | 23/11/2020 | £1,430.00 | To make and distribute 95 Christmas stockings for disadvantaged children and young people. |
| VENUS | 23/11/2020 | £1,430.00 | To purchase food items and provide fuel vouchers for local vulnerable families. |
| Autism Ventures | 26/04/2021 | £500.00 | Autistic Ladies' Group sessions at MeCycle |
| Ainsdale Community Wildlife Trust | 14/06/2021 | £750.00 | To provide a pamphlet and newsletters to inform the public of council decisions on green space and the nature reserve. |
| Migrant Workers Sefton Community | 02/08/2021 | £2,500.00 | To provide support on financial management and employment to clients. |
| The Reach Mens Centre CIC | 24/08/2021 | £2,080.00 | To fund sessional staff to increase support services. |
| Brighter Living Partnership | 27/08/2021 | £2,460.00 | The funding will be used to purchase a new shed for storage and tools for the community members to use. |
| VENUS | 06/05/2022 | £682.00 | The funding will be used to purchase hard drives for 10 donated PCs. |
| Ainsdale in Bloom | 09/12/2020 | £750.00 | The funding will establish new requested planters and ensuring they're appropriately planted and maintained. |
| Friends of Sandpipers | 09/12/2020 | £1,000.00 | To support guests to Sandpipers by providing funds for additional equipment/leisure activities and costs of holiday break. |
| Six Dots Counselling | 31/08/2021 | £2,500.00 | To offer at-home counselling sessions to the most vulnerable people experiencing a range of disabilities and mental health issues. |
| Riding for the Disabled Association(Crosby Group) | 08/09/2021 | £2,500.00 | To provide horse riding and equine activities to vulnerable or disadvantaged people. |
| VENUS | 10/11/2022 | £5,999.50 | To deliver a Money Management Shop to support people in the community with debt management, financial literacy and energy savings advice. This would run for 3 days a week in February 2023. |
| Compassion Acts | 16/11/2022 | £3,000.00 | To run 20 financial wellbeing workshops for the local community. They will also run a weekly drop-in debt advice service at a location with good public transport links to allow easy access. |

| | | | |
|---|------------|-------------------|--|
| Citizens Advice Sefton | 21/11/2022 | £2,958.00 | To provide benefits, housing, and energy advice to people aged 65+ in the disadvantaged areas of Southport. Part of this will be by providing a trained benefits adviser to a local community centre during their Tuesday morning community cafe lunch for elderly people. |
| Woodvale and Ainsdale Community Association | 16/05/2023 | £1,000.00 | To provide weekly Wednesday afternoon sessions including various board games, a warm drink, and some food. |
| Autism Ventures | 21/07/2023 | £2,000 | To develop the MeCycle project, which provides autistic people with employment opportunities. |
| Total: | | £42,289.50 | |

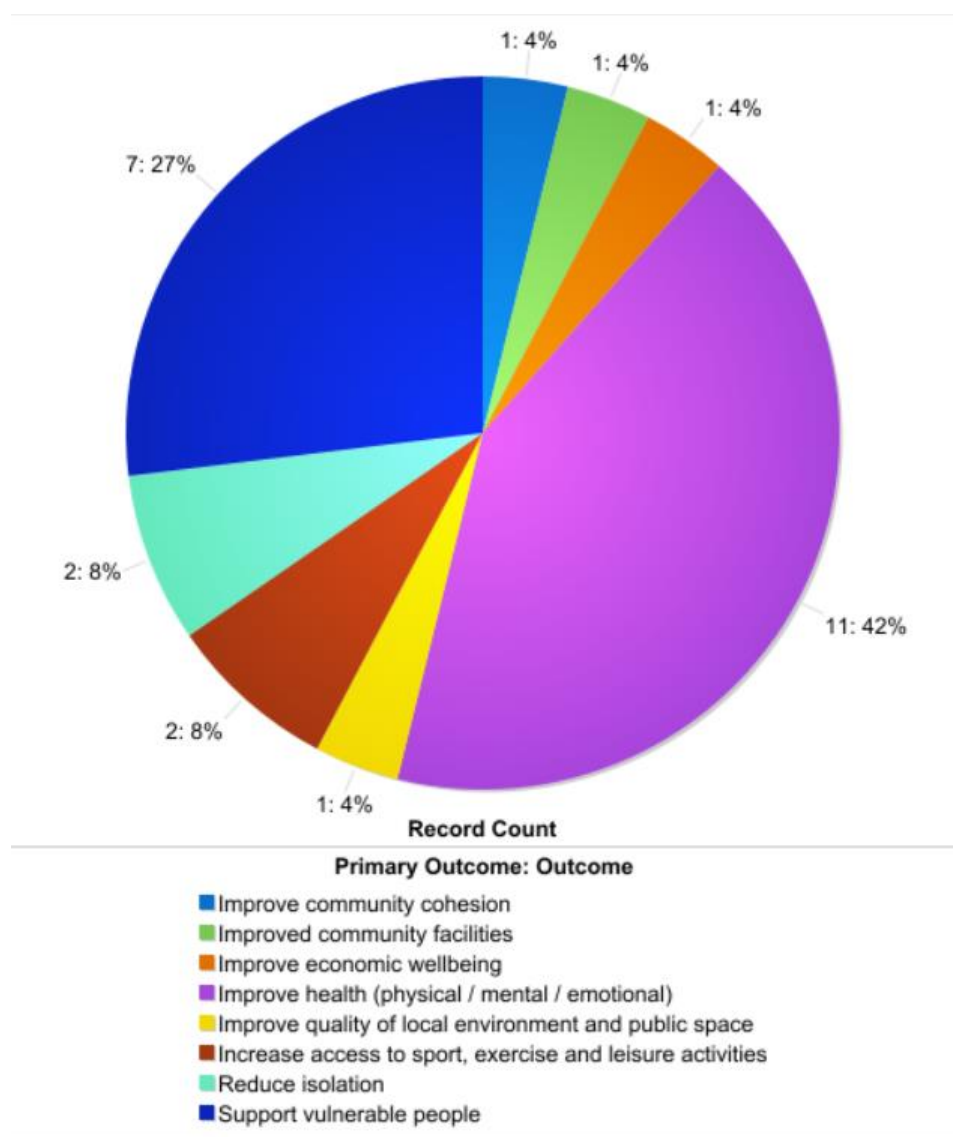
Grants Awarded in West Lancashire:

| Organisation Name | Date | Amount Awarded | Project |
|---|------------|----------------|--|
| Ormskirk St Helens Basketball (formerly West Lancs Basketball) | 17/08/2020 | £1,500 | The grant will be used for purchasing new kits, court hire, coaching costs. |
| Community Lives Matter | 02/08/2021 | £2,500 | To run a luncheon club for older people. |
| Counselling West Lancs | 27/08/2021 | £2,500 | The group will provide Yoga, Relaxation, Talking Support Groups, Art and Craft, Walking groups for people suffering with mental health issues. |
| Stable Lives | 10/09/2021 | £2,450 | Equine Assisted Personal Development Courses to groups of children from disadvantaged areas |
| South West Lancashire Independent Community Advice Network (ICAN) | 30/11/2022 | £3,000 | The funding will be used to provide a number of training sessions for vulnerable adults that are focused around financial planning. |
| Total: | | £11,950 | |

Monitoring, feedback and Outcomes

The Community Foundation takes pride in delivering grants to areas of real need. As a funder of the voluntary and community sector in Merseyside and Lancashire, it is vital for us to ensure that community need is being met and community assets are supported to thrive through grant programmes. Likewise, we understand the need to ensure that our donors' contributions are effective in achieving their objectives. To ensure grant money is spent correctly, meets the objectives of the fund and has the biggest impact possible, we have developed a monitoring and evaluation process that guarantees a transparent process for both community groups and donors that collects information on the project, outcomes, beneficiary stories and grant expenditure.

Below are the primary outcome theme selected by each grant recipient for their funded projects



FPC Foundation Progress Report 2020-2023

Number of Projected
Beneficiaries*

9,941



*on completion of 2023 grants



28

Number of
Organisations
Supported

Total Funds
Distributed

£54,239.50



£2,008.87

Average Grant Size
Awarded

Average cost per
beneficiary

£5.45



The FPC Foundation Supported Community Projects – Case Studies

Parenting 2000 (£1,430)

About the Group: The charity runs a range of services that provide emotional and practical support to vulnerable children, young people and families from their 2 Centres in Southport and Crosby.

Project Summary: To make and distribute 95 Christmas stockings for children and young people.

About the Project:

'We made up 95 age-appropriate Christmas stockings for children and young people to be distributed directly to them and to families in our community who have suffered hardships due to the COVID pandemic this year. These children and young people attend Alchemy Youth Club and are from some of the most vulnerable families we work with in our Early Help Programme.'

Case Study/Quotes: (beneficiaries)

"Receiving the Christmas dinner and my stocking was a really positive and meaningful experience. I am not sure how I can put into words how much it meant."

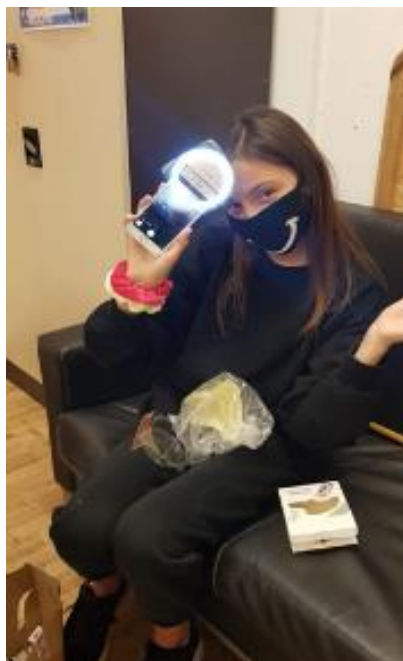
"I think that the presents and the whole Christmas session was wonderful, I had the best time eating my roast and I am so glad I got to see my friends and staff before Christmas!"



"The gifts were wonderful and very surprising also the Christmas dinner was very nice."

"It was so thoughtful, even though I had been only going for a month at this point they got it right down to the things I really like and I constantly use everything."

General Feedback: 'Thank you so much for this grant - you've made a lot of young people very happy.'



Netherton Park Community Association (£1,430)

About the Group: The Association aims to provide community facilities and activities to promote social welfare, education, recreation and leisure within the Netherton Park area.

Project Summary: To support low-income households with energy costs and essentials.

About the Project:

'We sourced a variety of dry and fresh foods and distributed them to targeted families and individuals. We also provided crisis food hampers to people in distress or facing benefit delays. We also sourced and distributed essential hygiene goods for vulnerable families and individuals and emergency pre-payment energy cards.'



Case Study/Quotes: (beneficiary).

'RW, 28, who has autism, lives in a communal block of six flats and requires support with his health, finances and general wellbeing. We have connected him with a health mentor, arranged for him to receive PIP and, through calling on him weekly with food and cleaning products as well as introducing him to a community connector, we have helped to improve his living conditions and enhanced his confidence, which has made a vast difference to his life.'

General Feedback: 'The grant brought smiles and reassurance to so many people over the festive season. You would have thought they had won the lottery when presented with the hampers at the door.'

Paper Cup Project (£1,430)

About the Group: The Liverpool based charity supports rough sleepers and people who are or are at risk of becoming homeless with essentials, advice and signposting to services that can ultimately provide a way out of homelessness.

Project Summary: To provide Christmas wellbeing packs to vulnerable people who are homeless.



About the Project: 'We worked with 2 schools to provide Christmas packs for people experiencing homelessness or tackling addiction who were temporarily housed over the Christmas period. We worked with 3 groups of young people who made Christmas cards to go inside the packs. This was a way to educate young people about homelessness and loneliness at Christmas as well as sharing their lovely positive messages. We then purchased gifts to fill 130 bags and the bags were filled by some of our volunteers and distributed across the city before Christmas Eve.'

Case Study/Quotes:

'Feedback came from the staff at the temporary accommodation provisions, all of whom were extremely grateful. When we were dropping the gifts off, we met one service user who simply told us 'thank you', which was more than we needed to hear.'

General Feedback:

'Thank you so very much for enabling our charity to do this project, which was a joy to be involved in. There was a lot to organise, but it was all totally worthwhile and made such a difference both to the volunteers involved and the benefactors who received the gifts.'





COMMUNITY
FOUNDATIONS
For Lancashire and Merseyside

Patron: Cherie Booth QC
Lancashire President: Lord Lieutenant of Lancashire, Lord Charles Shuttleworth
Merseyside President: Lord-Lieutenant of Merseyside Mark Blundell

The Community Foundation's Stanley Buildings premises have been generously donated by the Grosvenor Liverpool Fund
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www.lancsfoundation.org.uk
www.cfmerseyside.org.uk

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